



Fall Soccer House Rules;

Teams will **play 6 v 6** . U10 Boys & Girls and U14 Boys & Girls

Players playing for only ½ of a game should rotate from week to week. If you cannot field a full team with at least one sub, it is permissible for both teams to play down (i.e., 5 v 5, etc.).

Both coaches must agree to this. It is also permissible to borrow a player from the opposing team for that particular game.

Play involves 1 goalie and 5 field players for 6v6 format

No player will be permitted or required to play in any single position for the entire time they are in the game. This is particularly true for the goal position.

Rotation of players to different positions is extremely beneficial to each player's development.

There is a 50 % playing rule and all games shall be played in quarters

The length of games will be:

U10 Boys & Girls, four 10 minute quarters

U14 Boys & Girls, four 15 minute quarters

No over time periods are played.

The fields are approximately 60-70 yards long and 40 yards wide. The field is divided into four quadrants, including two penalty areas.

Substitutions can only be made at the end of each quarter. The only exception to this rule is for an injury or illness. In these cases the player must go down on the ground to notify the referee to stop play. If the game is stopped, the affected player must be taken off the field for the remainder of that quarter. The substitute for that player, if at all possible, must be of equal abilities (i.e. competitive player for competitive player, rec. player for rec. player). If it is the fourth quarter, the affected player is out for the remainder of the game.

No player will play 4 quarters before every player has played 3 quarters.

Substitution 4 Quarter Only

There will be a two-minute break between the 1st and 2nd quarters and the 3rd and 4th quarters. At half time there will be a five-minute break. Each quarter will begin with a face off at mid-field.

Goal kicks can be taken anywhere inside the penalty area.

There is no offsides for 6v6 Games.

Persists in misconduct after having received a caution.

Any player receiving a **Red Card** will not be allowed to play in the next game.

Only the head coach and his/her assistant, along with the players, are allowed to be in the "player's box" which is clearly marked with orange or white paint.

All other individuals are required to be on the other side of the field spectators should not be allowed on the end lines either side.

Any coach or assistant coach who does not conduct himself/herself in a sportsmanlike manner, or is, in the opinion of the referee, being abusive to the referee, players or opposing coaches will be asked to leave the field. If this situation happens, that coach or assistant coach will not be allowed to attend the next game and could face a disciplinary hearing before the Board of

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Slide tackling will not be permitted in the Fall Recreational League. Slide tackling is the act of one player trying to take the ball from another player by sliding down on the ground (like stealing 2nd base in baseball). This can be very dangerous, especially if the player trying to take the ball through this process trips the other player. Slide tackling is a skill that needs a lot of practice and is only used at higher levels of play. A Yellow Card will be issued on the 1st offense, and a Red card on the second offense. However, sliding to prevent the ball from going out of bounds, taking a shot, passing the ball, or stopping or redirecting the ball, is not considered a penalty provided there is no opposing player involved in the play.

Player Equipment:

Players will be provided with a club uniform. The club uniform includes team jersey, shorts, and matching socks U8,U10,U12/14Only

In addition to the provided uniform, players are responsible for bringing the following items to each game:

Shin Guards. Players may not participate without shin guards. Appropriate Footwear. Soccer shoes are suggested but not required.

No player may participate while wearing shoes with a toe cleat (baseball cleats).

Game Results: **No standings** will be kept in the recreational league

Trash: All coaches are to see to it that all trash is picked up on both sides of the field at the conclusion of their games

Inclement Weather: In the event of inclement weather, cancellations will be posted on the wibe site www.npysa.org

Any rules modifications will be specified and distributed to every coach prior to the season/game.

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